



*Bonita Quiroz Cantu*  
*Advanced Registered Nurse Practitioner*

OFFICE POLICY AND DISCLOSURE STATEMENT

Welcome to the psychotherapy practice of Bonita Quiroz Cantu, Advanced Registered Nurse Practitioner. The State of Washington requires that all clients be advised of their rights & responsibilities as well as the practices and policies of the practitioner providing services. Please read the following carefully and feel free to ask as many questions as you would like.

***Education & Training Summary***

I have been in the counseling field since 1974. I earned my Master of Science degree in Psychiatric Mental Health Nursing from the Medical College of Georgia, Augusta. I am certified as an Advanced Registered Nurse Practitioner, and licensed to prescribe medications for psychological disorders. I have also earned certifications in Marriage & Family Therapy, Clinical Hypnotherapy, and Personal Life Coaching. I have served on the executive boards of numerous professional and civic organizations, currently serving as President of the Association of Advanced psychiatric Nurse Practitioners, and formerly as President of the American Association for Marriage and Family Therapy, Washington Division. I am a member of the National Honor Society for Nurses, Sigma Theta Tau, the Academy of Advanced Nurse Practitioners, and C.G. Jung Society.

***Approach To Consulting And Psychotherapy***

I believe in a client-centered, interactive, team approach to therapy. I am active, directive, solutions oriented and view the individual from a holistic perspective. I use many treatment techniques based on our mutually agreed upon focus for therapy. I work on the assumption that we function in several systems at once: spiritual, intrapsychic, family, and community. I favor the teachings of Carl Jung and family systems theories and employ techniques and learning from a variety of schools.